



To our Members and Colleagues:

The Call for Posters for the **2021 WHL Children's Art Contest** is now open. We had a wonderful global showing in 2020 and we hope to build on that this year. To see last year's submissions, please see

http://www.whleague.org/images/WHD_Childrens_Art_Winners.pdf

WHL plans to announce the winners on World Hypertension Day on May 17th. Examples of contributions include the themes of blood pressure measurement, stroke, and cardiovascular disease prevention. We also encourage contributions that relate to a healthy blood pressure, including physical activity, less screen time and a heart healthy diet that includes fruits, vegetables, and grains as well as less “fast foods”, and not smoking.

We want to promote hypertension awareness to children through the Art Contest, and have been so excited to see their artistic creations as they attempt to show their friends and families their ideas about hypertension.

For more information and submission forms

<http://www.whleague.org/index.php/news-awards-recognition/art>

We hope you can get the word out to children around the world.

Sincerely,

Children's Art Contest Sponsors:

Daniel T. Lackland, DrPH, *Professor of Epidemiology, Medical University of South Carolina*

Edward J. Rocella, PhD, MPH, *Coordinator, United States National High Blood Pressure Education Program (NHBPEP) National Institutes of Health (ret); Chair, Strategic Action Committee Inter American Society for Hypertension*

Bonita Falkner, MD, *Professor Emeritus, Thomas Jefferson University*

