

# ESH SATELLITE SYMPOSIUM

**MONOTHERAPEUTICS VS POLYTHERAPEUTICS  
ON GLOBAL CARDIOVASCULAR RISK:  
FROM SCIENCE TO PUBLIC HEALTH**

**8<sup>th</sup>  
APRIL** 2017

**Olissippo Oriente Hotel  
Lisbon**

ORGANIZAÇÃO

**SOCIEDADE  
PORTUGUESA DE  
HIPERTENSÃO**  
Portuguese Society of Hypertension



APOIOS INSTITUCIONAIS



**SECRETARIADO EXECUTIVO**

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COM O ALTO PATROCÍNIO



*Presidência da República*

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## SCIENTIFIC PROGRAM

### MONOTHEARPEUTICS VS POLYTHERAPEUTICS ON GLOBAL CARDIOVASCULAR RISK - FROM SCIENCE TO PUBLIC HEALTH

**Chairmens:** *Manuel de Carvalho Rodrigues, Portugal & Csaba Farsang, Hungary*

08:45

**OPENING CEREMONY** | *Manuel de Carvalho Rodrigues, Portugal*

### THE MULTIPLE THERAPIES – THE STATE OF THE ART

09:00

**Cardiometabolic risks in Europe - Why do we die earlier** | *Fernando Pinto, Portugal*

09:30

**Pharmacological background in multiple therapies - Antagonisms and synergisms** | *Jorge Polónia, Portugal*

10:00

**A critical view of the politherapeutic - A pharmacological approach** | *Fontes Ribeiro, Portugal*

10:30

**Discussion**

10:45

**Coffee Break**

### THE ROLE OF THE ADHERENCE

11:15

**Multiple therapies on recent guidelines** | *Dénes Páll, Hungary*

11:45

**Patients and doctors attitude with politherapeutics** | *Zoltan Jarai, Hungary*

12:15

**How can we improve doctors and patients attitude** | *Michel Burnier, Switzerland*

12:45

**Discussion**

13:00

**Lunch**

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## **THERE ARE REASONS TO CHANGE?**

14:30

**Risks and benefits of mono and politherapeutic in primary and secondary prevention** | *Luis Martins, Portugal*

15:00

**Pharmacoeconomic Impact** | *Jorge Félix, Portugal*

15:30

**Discussion**

## **ROUND TABLE - ROLE OF THE PUBLIC HEALTH CARE AND AUTHORITIES**

15:45H

**Panel Discussion** | *Luís Martins, Portugal; Fernando Pinto, Portugal; Jorge Polónia, Portugal; Fontes Ribeiro, Portugal; José Albino Mendes, Portugal; Jorge Félix, Portugal*

16:45

**Coffee Break**

17:15

## **TOMORROW, WILL BE LATER**

**How do I see the role of politherapeutic in a near future** | *Giuseppe Mancia, Italy*

17:45

**CLOSING REMARKS** | *Csaba Farsang, Hungary*

18:00

**END OF THE SATELLITE SYMPOSIUM**